



Warren County Senior Center Menu

2020 Whole Grain Bread daily, Milk 3x week MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed	3 Center Closed for Outing	4 Chicken parmesan, pasta w/marinara sauce, squash, chocolate pudding, fruit salad	5 Pork chop with mushroom gravy, bread dressing, mashed sweet potatoes, pea salad, mandarin oranges	6 BBQ chicken, baked beans, carrots, bread pudding, applesauce
Center Closed	10 Baked ham, rice pilaf, roasted yams, sautéed peas, fruit of choice	11 Hearty Chili, spinach salad, oatmeal raisin cookie, peaches, corn bread	12 Roasted turkey w/ gravy, mashed potatoes, seasoned broccoli, baked apples, rice pudding	13 Egg salad sandwich, vegetable soup, beets, string cheese, chocolate pudding, pineapple
Center Closed	17 Herbed chicken breast, bread dressing, carrots & peas, mixed salad, pears	18 Italian casserole, roasted zucchini, fruit salad	19 Sweet & Sour chicken over rice, green beans, peach crisp	20 Oven baked pork chop, rice pilaf, baked beans, broccoli, Strawberry Jello salad
Center Closed	24 Spaghetti with meat sauce, green beans, squash, applesauce	25 Breaded fish filet sandwich, baked beans, collard greens, pineapple	26 Cheesy macaroni and ham casserole, mashed sweet potatoes, butter beans, mandarin oranges	27 Salisbury steak with beef gravy, buttered rice, roasted cabbage, pinto beans, peaches
Center Closed	31 Baked ranch chicken, macaroni & cheese, seasoned broccoli, pineapple			

If you will not be home to receive your meal please call 540-635-8652 the day before delivery.