




March 2020

Clarke County Senior Center Menu

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center Closed	Center is closed due to voting. Homebound Clients will receive an extra meal on February 28, 2020.	4. Cheesy Chicken Pasta Casserole, Butter Beans, Baked Apples, Fruit Cocktail and Whole Grain Bread	5. Baked Fish, Buttered Rice, Steamed Spinach, Roasted Zucchini, Strawberry Jell-O Salad, Sliced Whole Grain Bread and Milk	6. Baked Ranch Chicken, Macaroni and Cheese, Seasoned Broccoli, Pineapple, Sliced Whole Grain Bread and Milk
Center Closed	10. Smothered Pork Chop w/ Mushroom Gravy, Bread Dressing, Mashed Sweet Potato, Pea Salad, Mandarin Oranges, Sliced Whole Grain Bread and Milk	11. Beef Burger on Bun, Roasted Red Potatoes, Garden Salad, Baked Apples and Milk	12. Chicken Parmesan Pasta w/ Marinara Sauce, Buttered Carrots, Squash, Chocolate Pudding, Fruit Salad and Whole Grain Bread	13. BBQ Chicken, Baked Beans, Kale, Bread Pudding, Applesauce and Whole Grain Bread
Center Closed	 17. Baked Ham, Rice Pilaf, Roasted Yams, Sautéed Peas, Fruit of Choice, Whole Grain Bread and Milk	18. Roasted Turkey w/Gravy, Mashed Potatoes, Seasoned Broccoli, Baked Apples, Rice Pudding, Whole Grain Bread and Milk	19. Hearty Chili, Spinach Salad, Oatmeal Raisin Cookie, Peaches, Corn Bread and Milk	20. Egg Salad Sandwich, Vegetable Soup, Beets, String Cheese, Chocolate Pudding and Pineapple
Center Closed	24. Sweet and Sour Chicken over Rice, Green Beans, Peach Crisp and Milk	25. Herbed Chicken Breast, Bread Dressing, Carrots and Peas, Mixed Salad, Pears, Whole Grain Bread and Milk	26. Oven Baked Pork Chop, Baked Beans, Broccoli, Rice Pudding, Pineapple, Whole Grain Bread and Milk	27. Italian Casserole, Roasted Zucchini, Jell-O Fruit Salad and Whole Grain Bread
Center Closed	31. Salisbury Steak w/ Beef Gravy, Buttered Rice, Roasted Cabbage, Pinto Beans, Peaches, Whole Grain Bread and Milk			

If you will not be home to receive your meal please call 540-955-3572 the day before delivery.