

September Shenandoah County Senior Center

Activities

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center closed	3 10:00 am Shenandoah County Shelter 11:45 am Lunch	4 Center Closed Staff Training	5	6 10:00 am Chair Exercises Dominos 11:45 am Lunch
Center closed	10 10:00 am Delores Bushong Blood Pressure	11 Skyline Drive Lunch on Drive Center Closed	12 10:00 am Bingo 11:45 Lunch	13 10:00 am PBS Special 11:45 am Lunch
Center closed	17 10:00 am Emily Boyd Card Craft 11:45 am Lunch	18 10:00am Trivia Day 11:45 am Lunch	19 10:00 am Comfort Keepers Karaoke 11:45 am Lunch	20 10:00am Craft Day 11:45 lunch
Center closed	24 10:00 am Chair Exercises Dominos 11:45 am Lunch	25 10:00 am Tonia Sweeney Health Tips and Singing 11:45 am Lunch	26 10:00 am Bingo at the Woodstock Moose. 11:45 am Lunch	27 10:00 am Chair Exercises Dominos Wii Bowling 11:45 am Lunch
Center Closed				