

February Shenandoah County Senior Center Activities

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Center closed	5 10:00 am Shenandoah Animal Shelter 11:45 am Lunch	6 10:00 am Chair exercises Dominos 11:45 am Lunch	7 10:00 Darrel George The art of carving wooden bowels 11:45 am Lunch	8 10:00 am Tommy Bennett Singing 11:45 am Lunch
Center closed	12 10:00 am Delores Bushong Blood Pressure 11:45 am Lunch	13 10:00 am PBS Special 11:45 am Lunch	14 10:00 am Happy Valentine's Day Party 11:45 am Lunch	15 10:00 am Chair exercises Dominos 11:45 am Lunch
Center closed	19 10:00 am Emily Boyd Card craft 11:45 am Lunch	20 10:00 am Bingo 11:45 am Lunch	21 10:00 am Comfort Keepers Karaoke 11:45 am Lunch	22 9:45 am Visit Shenandoah County Library 11:45 am Lunch
Center closed	26 George Bowers talking about His trip to Israel Part 2 11:45 am Lunch	27 10:00am Tonia Sweeney Health Tips and singing 11:45 am Lunch	28 10:00 am Bingo at Woodstock Moose 11:45 am Lunch at Moose	