

FEBRUARY

Page County Senior Center Menu

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. CLOSED
4. Smothered Pork Chop w/ Mushroom Gravy Bread Dressing Mashed Sweet Potato Pea Salad Mandarin Oranges Sliced Whole Grain Bread	5. Hamburger Roasted Red Potatoes Garden Salad Baked Apples	6. Chicken Parmesan Pasta w/ Marinara Sauce Carrots Squash Chocolate Pudding Fruit Salad Sliced Whole Grain Bread	7. BBQ Chicken Baked Beans Kale Bread Pudding Applesauce Whole Grain Bread	8. CLOSED
11. Baked Ham Rice Pilaf Roasted Yams Sautéed Peas Fruit of Choice Whole Grain Bread	12. Egg Salad Sandwich Vegetable Soup Beets String Cheese Chocolate Pudding Pineapple	13. Roasted Turkey w/Gravy Mashed Potatoes Broccoli Baked Apples Rice Pudding Whole Grain Bread	14. Chili Spinach Salad Oatmeal Raisin Cookie Peaches Cornbread	15. CLOSED
18. Center Closed & No Meal Delivery Presidents Day	19. Oven Baked Pork Chop Baked Beans Broccoli Rice Pudding Whole Grain Bread	20. Herbed Chicken Breast Bread Dressing Carrots & Peas Mixed Salad Pears Whole Grain Bread	21. Italian Casserole Roasted Zucchini Jell-O Fruit Salad Whole Grain Bread	22. CLOSED
25. Salisbury Steak w/ Gravy Buttered Rice Roasted Cabbage Pinto Beans Peaches Slice Whole Grain Bread	26. Breaded Fish Filet Sandwich Baked Beans Collard Greens Pineapple	27. Spaghetti Meat Sauce Green Beans Squash Applesauce Slice Whole Grain Bread	28. Cheesy Macaroni & Ham Casserole Mashed Sweet Potatoes Butter Beans Mandarin Oranges Corn Bread	

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE

All Meals Are Served With 1% Milk

If you will not be home to receive your meal please call 540-743-1241 the day before delivery.