



Page County Senior Center Activities Calendar

Activities Are Subject to Change Without Notice

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reminders: February Is American Heart Health Month Black History Month				1. CLOSED
4. 9:30 Group Social 10:00 Therapy Dog 10:30 Brain Injury Presentation	5. 9:30 Group Social 10:00 Chinese Auction	6. 9:30 Group Social 10:00 Valentine Craft for Homebound	7. 9:30 Group Social 10:00 Blood Pressure Check 10:30 Karaoke w/ Jenny from Comfort Keepers	8. CLOSED
11. 9:30 Group Social 10:00 Therapy Dog 10:30 Fredrick Douglas Presentation for Black History Month w/ Dell	12. 9:30 Group Social 10:00 Valentines Craft	13. 9:30 Group Social 10:00 Blood Pressure Checks w/ Pat 10:30 Bingo *Bring 3 Cheap Gifts To Play*	14. VALENTINE'S DAY CELEBRATION <i>Happy Valentine's Day</i>	15. CLOSED
18. CLOSED Presidents Day	19. 9:30 Group Social 10:00 Congregate Choice	20. 9:30 Group Social 10:00 Debra w/ Caring Angels Heart Healthy Presentation Wear Red for Heart Health	21. 9:30 Group Social 10:00 Blood Pressure Checks w/ Pat 10:30 Bingo	22. CLOSED
25. 9:30 Group Social 10:00 Therapy Dog 10:30 Senior Council Meeting	26. National Carnival Day "Winter Carnival" Games & Fun	27. 9:30 Group Social 10:00 Games w/ Carol	28. 9:30 Group Social 10:00 Blood Pressure Checks w/ Pat 10:30 Monthly Birthday Party w/ Music from Judy & Friends	

