



# Page County Senior Center Menu

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3.</b> Baked Ham Rice Pilaf Roasted Yams Sautéed Peas Fruit of Choice Whole Grain Bread	<b>4.</b> Egg Salad Sandwich Vegetable Soup Beets String Cheese Chocolate Pudding Pineapple	<b>5.</b> Roasted Turkey w/ Gravy Mashed Potatoes Broccoli Baked Apples Rice Pudding Whole Grain Bread	<b>6.</b> Chili Spinach Salad Oatmeal Raisin Cookie Peaches Corn Bread	<b>7.</b>  <b>CLOSED</b>
<b>10.</b> Sweet & Sour Chicken over Rice Green Beans Peach Crisp	<b>11.</b> Oven Baked Pork Chop Baked Beans Broccoli Rice Pudding Pineapple Whole Grain Bread	<b>12.</b> Herbed Chicken Breast Bread Dressing Carrots & Peas Mixed Salad Pears Whole Grain Bread	<b>13.</b> Italian Casserole Roasted Zucchini Jell-O Fruit Salad Whole Grain Bread	<b>14</b>  <b>CLOSED</b>
<b>17.</b> Salisbury Steak w/ Beef Gravy Buttered Rice Cabbage Pinto Beans Peaches Sliced Whole Grain Bread	<b>18.</b> Breaded Fish Filet Sandwich Baked Beans Collard Greens Pineapple	<b>19.</b> Spaghetti w/ Meat Sauce Green Beans Squash Applesauce Whole Grain Bread	<b>20.</b> Cheesy Macaroni & Ham Casserole Mashed Sweet Potatoes Butter Beans Mandarin Oranges Corn Bread	<b>21.</b>  <b>CLOSED</b>
<b>24.</b>  <b>CLOSED</b> 	<b>25</b>  <b>CLOSED</b> 	<b>26.</b> Baked Fish Buttered Rice Steamed Spinach Roasted Zucchini Strawberry Jell-O Salad Whole Grain Bread	<b>27</b> Baked Ranch Chicken Macaroni & Cheese Broccoli Pineapple Sliced Whole Grain Bread	<b>28.</b>  <b>CLOSED</b>
<b>31.</b>  <b>CLOSED</b> <b>New Year's Eve</b>				

All Meals Are Served With 1% Milk

If you will not be home to receive your meal please call 540-743-1241 the day before delivery.