



## ***Sponsor a Senior Commitment Form***

During the past year the Shenandoah Area Agency on Aging has served almost 70,000 meals throughout the Shenandoah Valley. Helping an older person in need with their meals, with respite care, or personal care or housekeeping and transportation allows them to stay in their homes longer and averages \$1,500 compared to a Medicaid Nursing Home bed at \$38,000 or more a year. In the current economy, SAAA is facing an unprecedented demand for free services. Income for many seniors in our valley is marginal. The assistance of Meals on Wheels – both food and a brief visit – and other support services often makes the difference between continuing to live at home or being placed in a nursing home.

**Mrs. D** is typical of those who depend on SAAA. Just released from rehab following a prior hospitalization for a leg infection, she is 87 years old and relies on a walker at all times. She is more fortunate than many because she does have a son who lives near; but due to work schedules, he is not able to assist with mid-day meals. **Mrs. D** will receive skilled care in the home with nurses coming by several times a week to change bandages. Then, she will need SAAA assistance through Personal Care, Housekeeping and transportation to prevent another hospitalization. Nutritional support in this case as well as in almost every assessment is critical.

**Mrs. D is now waiting by her window for lunch.** YES, you have my support for the Shenandoah Area Agency on Aging. To help you meet the most urgent needs, I am rushing you my special tax deductible gift and/or pledge to *Sponsor a Senior* for one year.

- \$1500 (onetime payment providing support services for 1 senior for an entire year)
- \$125 Monthly Payment (1 of 12 monthly payments)

Other \$ \_\_\_\_\_ At this time I cannot make a commitment to *Sponsor a Senior*, but I have included a donation as noted for agency support services.

Thank you for supporting senior citizens like **Mrs. D who live in your neighborhood.**

Please make your check payable to SAAA and mail to:

Shenandoah Area Agency on Aging  
207 Mosby Lane  
Front Royal, VA 22630

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

My Email Address (optional) is: \_\_\_\_\_

You may also make your donations via the SAAA secure website  
[www.shenandoahaaa.com](http://www.shenandoahaaa.com)

*All contributions are tax-deductible to the extent allowed by law*